

PACKING FOR CAMP & PACKING LIST

Please review this list when packing for AstroCamp. Many activities are outdoors, so pack items that can get dirty, are comfortable, and are weather appropriate.

PRESCRIPTION MEDICINE

Daily prescribed medicine should be sent with the student. This includes EpiPens and inhalers. Being at high elevation can cause asthma attacks, therefore it is important that students have their own inhaler.

LOST AND FOUND

To ensure lost belongings return to their owner, name tags are recommended on all belongings, especially jackets and water bottles. AstroCamp strongly recommends students do not bring items of value to camp.

If a student has lost an item, please contact our office at 951-659-6062

BEDDING

AstroCamp does not provide bedding, linen, or towels. All students must bring their own sleeping bag and pillow. Sheets and blankets for a twin bed are also acceptable.

PROHIBITED ITEMS

Dangerous items are strictly prohibited. No drugs, alcohol, matches, fireworks, or weapons of any kind.

CELL PHONES AND ELECTRONIC DEVICES

We encourage students to unplug while at Astrocamp. Cell phones are not permitted while participating in AstroCamp activities. Chaperones should be prepared to store any electronic devices in the safe located in the dorms. Cell phones used for medical purposes (i.e., insulin pump/glucose monitor, etc.) are allowed.

MUST BRING

3-DAY TRIP

- ◊ 1 Sweatshirt & 1 Jacket
- Shoes (closed-toed) \Diamond
- ◊ 3 T-shirts
- ♦ 1 Long Sleeve Shirt
- ♦ 2 Pants
- ♦ 2 Shorts
- ◊ 1 Pajama Set
- ◊ 2 Underwear
- ♦ 3 Socks
- ♦ 1 Towels & Wash Cloth
- ♦ Sleeping Bag & Pillow
- ♦ Toiletries
 - Soap
 - Deodorant
 - Shampoo
 - Toothbrush & Toothpaste
 - Sunscreen
 - Lip balm
- ♦ Flashlight
 - **Reusable Water Bottle**

5-DAY TRIP

- 2 Sweatshirts & 1 Jacket \Diamond
- 2 Shoes (closed-toed) \Diamond
- ♦ 5 T-shirts
- ♦ 2 Long Sleeve Shirt
- 3 Pants
- ♦ 4 Shorts
- ◊ 2 Pajama Sets
- ♦ 4 Underwear
- 6 Socks
- ♦ 1 Towels & Wash Cloth
- ♦ Sleeping Bag & Pillow
- ♦ Toiletries
 - Soap
 - Deodorant
 - Shampoo •
 - Toothbrush & Toothpaste
 - Sunscreen
 - Lip balm
- ♦ Flashlight
- **Reusable Water Bottle** \Diamond

ACTIVITY SPECIFIC

Microgravity - Pool activity

- ♦ Bathing suit
- ♦ Towel
- ♦ Flipflops

Space Night, Night Hike & **Telescope Viewing**

- ♦ Warm coat
- ♦ Warm/extra pants
- ♦ Gloves & hat

Ropes Course

Zipline, Skycoaster, Vinewalk, Powerpole

- ♦ Closed-toed shoes
- Comfortable pants / long shorts

Building & Launching Rockets

- ♦ 2 Liter soda bottle
 - Empty and rinsed out

- \Diamond Camera
- ♦ Sunglasses
- ♦ Insect Repellent
- ◊ Sunhat
- ♦ Pencil/Paper
- ♦ Money for store

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PACKING FOR WEATHER

AstroCamp is 5,500 ft in elevation in the San Jacinto Mountains, our weather is extremely variable.

Our outdoor activities do not stop when it rains or snows. <u>Please check the</u> <u>weather for Idyllwild</u> before arrival and plan accordingly.

RAIN

- ♦ Windbreaker/Waterproof jacket
- Waterproof shoes or an extra pair of shoes
- ◊ Extra socks
- Waterproof pants or extra pants

SNOW OR TEMP BELOW 55°

- ♦ Winter coat
- ♦ Hat/Beanie
- ♦ Waterproof gloves
- ♦ Snow boots/waterproof shoes
- ◊ Extra socks
- ♦ Long-sleeve T-shirt