

# Packing for **ASTRO**CAMP

Packing for camp is the start of your child's independent camp experience. Please have your child participate in packing for camp so that they know where to find their clothing and items.

## **Luggage**

All items should be packed into **one** large suitcase or duffel. Sleeping bags/sheets and pillows are to be stored in a trash bag.

All luggage should have visible tags with the student's name, address, and phone number clearly written.

## **Prescription Medicine**

Daily prescribed medicine should be sent with the student. This includes EpiPens and inhalers. Being at high elevation can cause asthma attacks, therefore it is important that students have their own inhaler.

## **Bedding**

AstroCamp does not provide bedding, linen, or towels. All students must bring their own sleeping bag and pillow. Sheets and blankets for a twin bed are also acceptable.

## **Lost and Found**

To ensure lost belongings return to their owner, name tags are recommended on all belongings, especially jackets and water bottles. AstroCamp strongly recommends students do not bring items of value to camp.

If a student has lost an item, please contact our office at 951-659-6062

## **Cell Phones & Electronics**

We encourage students to unplug while at Astrocamp. Cell phones are not permitted while participating in AstroCamp activities. Chaperones should be prepared to store any electronic devices in the safe located in the dorms. Cell phones used for medical purposes (i.e., insulin pump/glucose monitor, etc.) are allowed. Chaperones may have their cell phones.



## **What Not To Bring**

Please do not send any of the following items as they are not allowed at camp:

- Illegal Drugs
- Expensive Camera or Jewelry
- Electronic Cigarettes/ Vape Pen/ Juul
- Electronic Games
- Alcohol
- Lighters/Matches
- Computers/ Ipad/ Tablets
- Food/Candy
- Speakers/Head Phones
- Sharpies/Markers
- Weapons of Any Kind
- Animals or Pets
- Dangerous Sporting Equipment

# PACKING LIST

## 3 Day Trip

### Clothing

- Pajamas/Sleepwear
- 2 Jeans or Long Pants
- 3 T-Shirts
- 1 Long sleeve shirt
- 2 Underwear
- 1 Jacket
- 1 Sweatshirt\*
- 1 Hat\*

### Swimgear

**\*\*if scheduled for  
MicroGravity only\*\***

- Beach Towel
- Swim Suit

### Footwear

- Athletic Shoes (One pair of closed toed shoes required)
- 3 Socks
- Waterproof shoes/boots  
\*\*winter/spring only\*\*

### Bath

- Bath Towel & Wash Cloth
- Toiletries & Toiletry Bag  
(Toothbrush & paste, soap, shampoo, conditioner, sunscreen, lotion, brush/comb, deodorant, chapstick with sun protection.)

\* Available for purchase in the camp store.

### Bedding

- Sleeping Bag **\*\*Please wash and heat dry before sending to camp\*\***
- Pillow & PillowCase **\*\*Please wash and heat dry before sending to camp\*\***
- Blanket (optional)
- Twin Fitted Sheet (optional) (To cover mattress)

### Recommended Items

- Small Backpack
- Disposable Camera
- Watch
- Sunscreen
- Bug Repellant
- Flashlight
- Sunglasses\*
- Water Bottle\*
- Chapstick with sun protection\*
- Books (For Nighttime Reading)
- Money for Student Store



AstroCamp is located at 5,500 ft elevation in the San Jacinto Mountains, our weather is extremely variable. It is important for campers to drink lots of water to get acclimated to the elevation.

*Our outdoor activities do not stop when it rains or snows. Please check the weather for Idyllwild before arrival and plan accordingly.*

## Packing for Weather

### Rain

- Windbreaker
- Waterproof shoes
- Extra Socks
- Waterproof pants / extra pants
- Poncho (optional)

### Snow or temp below 55

- Winter coat
- Beanie/Hat
- Waterproof gloves
- Snow boots/waterproof shoes
- Extra Socks
- Long-sleeve T-shirt

# PACKING LIST

## 5 Day Trip

### Clothing

- Pajamas/Sleepwear
- 3 Jeans or Long Pants
- 5 T-Shirts
- 2 Long sleeve shirt
- 4 Underwear
- 1 Jacket
- 2 Sweatshirt\*
- 1 Hat\*

### Swimgear **\*\*if scheduled for MicroGravity only\*\***

- Beach Towel
- Swim Suit

### Footwear

- Athletic Shoes (One pair of closed toed shoes required)
- 6 Socks
- Waterproof shoes/boots  
\*\*winter/spring only\*\*

### Bath

- Bath Towel & Wash Cloth
- Toiletries & Toiletry Bag  
(Toothbrush & paste, soap, shampoo, conditioner, sunscreen, lotion, brush/comb, deodorant, chapstick with sun protection.

\* Available for purchase in the camp store.

### Bedding

- Sleeping Bag **\*\*Please wash and heat dry before sending to camp\*\***
- Pillow & PillowCase **\*\*Please wash and heat dry before sending to camp\*\***
- Blanket (optional)
- Twin Fitted Sheet (optional) (To cover mattress)

### Recommended Items

- Small Backpack
- Disposable Camera
- Watch
- Sunscreen
- Bug Repellant
- Flashlight
- Sunglasses\*
- Water Bottle\*
- Chapstick with sun protection\*
- Books (For Nighttime Reading)
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## Packing for Weather

### Rain

- Windbreaker
- Waterproof shoes
- Extra Socks
- Waterproof pants / extra pants
- Poncho (optional)

### Snow or temp below 55°

- Winter coat
- Beanie/Hat
- Waterproof gloves
- Snow boots/waterproof shoes
- Extra Socks
- Long-sleeve T-shirt